

Spring 2010

Adult & Child CPR with AED



Learn Adult and Child CPR Training to Perform Correct Life Saving Assistance

Cardiac arrest and respiratory arrest, can strike anyone at any age suddenly and without warning. Being aware of how to perform CPR properly can make all the difference in saving the life of a loved one or a stranger in need. Because of the technique differences between child and adult CPR, it's important to learn how to perform each properly to maximize your effectiveness in an emergency situation.

Be Prepared and Take Control of Emergency Medical Situations Calmly

Before even beginning CPR, one should always take a quick precautionary survey of the area to determine appropriate actions. Be sure to react quickly and make decisions with a clear and certain mind. Proper CPR training can teach students how to assess situations and perform CPR properly, all while remaining composed with the knowledge they've gained from the adult CPR class.

While you can't predict when an emergency will occur, you can be prepared. In less time than you think, this training can give you the vital knowledge and skills you'll need to respond to a life-threatening situation with confidence.

Training will teach you to:

- Perform Adult and Child CPR
- Use an Automated External Defibrillator (AED) on a victim of sudden cardiac arrest.

Two training opportunities available:

March 6th, Saturday Morning

Location: Rowan Scout Resource Center

7:45 AM Registration

8:00 AM Start Time with Noon Finish Time

&

April 10th, Saturday Morning

Location: Rowan Scout Resource Center

7:45 AM Registration

8:00 AM Start Time with Noon Finish Time

Note: Philmont requires that at least one person, preferably two, (either an advisor or a youth participant) in each crew be currently certified in American Red Cross Wilderness First Aid or equivalent and CPR from American Heart Association, American Red Cross or equivalent.

Pre-registering saves you money and helps us do a better job preparing for the training course

Participation Fee \$15.00, Walk In Fee \$20.00

(Please specify desired training session)

March 6th, Saturday at RSRC April 10th, Saturday at RSRC

Name: _____

Address: _____

City: _____ State: _____ ZIP Code: _____

Phone (Home): _____ Phone (Work): _____

Council: _____ Unit: _____ Unit Position: _____ e-mail: _____

*Make check payable to Burlington County Council, BSA
Mail to: PO Box 246, Rancocas, NJ 08073*

Account #: =6 1ST AID